

## Vocabulary Words or Concepts from The Wheat Belly

<b>WORD</b>	<b>Page #</b>	<b>Definition/Notes</b>
Acid Reflux		
Addiction to Wheat	44+	
AGE's	136-37	Advanced Glycation End Products
Antibodies- Blood Tests	80-81	
Antioxidants		
Ataxia	167-69	<u>Loss of vol. muscle control; poor coordination, unsteadiness due to failure of brain to regulate</u>
Autoimmune Diseases	85-86	
Amylopectin	32-33	
Amylose	32, 35	
Blood Brain Barrier	48-49	
Behcet's Disease	183	Auto Immune disease causing damage to blood vessels =s skin sores, eye inflammation, arthritis
Blood Sugar, Diabetes, & Wheat	48-49	
Bupropion	51	
Celiac Disease	65, 76-78	
Cerebellar Ataxia	167-69	
China Study	160-64	
Cutaneous Vasculitis	183	
Cytokines	61	
Dermatitis herpetiformis	85,181-83	also, pg. 229
Dermatomyositis	183	
Diabetes		
Einkorn Wheat		Grand parent of wheat
Emmer Wheat	17-22	Einkorn with Goat grass genetics
Endomysium antibody test	80-81	
FAT, Triglycerides, LDL, VLDL		
Friedewald Equation	152-3	Equation: LDL is equal to Total Cholesterol minus HDL & subtracted from this is Triglycerides divided by 5 LDL (calculated) = Total Cholesterol - HDL - <u>TG</u> 5

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Gliadin	38-40	
Gluten & Glutenins	25-26+	
Gluten encephalopathy	172-3	
Glycation	140-41	
Glycemic Index	8-9,33-34,63	
Goatgrass (Aeglops spelt)	19	
Gynecomastia	65	
Hemoglobin A1C blood test	142-44	
HLA DQ2, HLA DQ8 Antibodies	80-81	
	22-30,38-	
Hybridization of Wheat	39	
Hypoglycemia	63-64	
Ichthyosiformdermatoses	184	
Immune mediated glut. intolerance	84- 88,90,128	
Inflammation		
Insulin	62,98-99	
Insulin Resistance	63,96,99	
LDL	149	
Leptin	61,64,124-125	
Man "boobs", Estrogen	64-65	Xenoestrogens
Naloxone & Naltrexone	49-51,203	
Neurological Impairment		ataxia-167-69,Celiac-86-87,167-69, Dementia-136,173 (see index)
Osteoarthritis	123-25 119-	
Osteoporosis	20,123,+ 118-20,	
pH	116	
Pyoderma gangrenosum	184	
Reflux ensophagitis	92	acid reflux

Retinopathy (AGE's)	137	
Schizophrenia	46-47,50	
Transglutaminase antibody test	80-81	
Triticum aestivum (wheat)	20	also, Triticum compactum- 21, durum, tauschii and turgidum-17+
Visceral Fat (Wheat Belly)	35-36, 60+	see index
Vitiligo	183	
Zonulins	83	Occludins