

Wheat Belly websites

Dr. William Davis's lecture on the Low Carb Cruise: <http://lavinlavidalowcarb.com/blog/2012-low-carb-cruise-lecture-dr-william-davis/15010>

Dr. Davis- IHMC (Institute for Human and Machine Cognition) 1 hour You Tube video. Wheat: The UNhealthy Whole Grain: <http://www.youtube.com/watch?v=UbbURngYVzw>

Dr. Hunninghake M.D. lecture with Obesity maps. Wheat Belly Unintended Consequence: <http://www.youtube.com/watch?v=yCFQNUG97HQ>

Dr Eric Westman's Food List from Sandy Bahr: <http://www.scribd.com/doc/200781570/Dr-Eric-Westman-Pg-4>
<http://vimeo.com/34645752>